

Trend Flash

TREND UPDATES | NEW INTRODUCTIONS | INTERESTING CONCEPTS

euroma
SPICE SINCE 1899

BOWLS OF COMFORT

Rice, noodles and pulses have formed the basis of our meals for millenia, with pasta entering our diet in a little over the last thousand years. If there's one thing that pasta, rice, noodles and pulses have in common, it's comfort. The almost magical healing properties of chicken noodle soup continue to be championed, but swaps the noodles for rice and beans. As global influence continues to inspire, congee comes to the fore and savoury takes a on porridge for homespun comfort trend, too. Polenta is having a moment, assuming its traditional role as a pasta alternative, served with ragu and puttanesca.



Newdle soup

Typically called upon when feeling under the weather, noodle soups are proving themselves beyond homespun remedies. Mason jars filled with noodles or pasta and a range of veggies are filled with hot broth and left to cook in time for lunch. The broth itself can be augmented with a few simple but impactful ingredients, like samal olek or Thai chilli paste.



Rice soup

Not quite noodle soup and not quite congee, rice soup is no less flavourful and just as versatile. Creamy and comforting sauces of mushroom and Parmesan are stirred with hearty wild rice in a riff on stroganoff for example. Lighter broths of chicken glow with turmeric and zip with lemon, offering comforting bowls ideal for hotter weather.



Slurp your pasta

Various pasta 'in brodo' is nothing new, yet we're seeing a big uptick in both restaurant and home cooking. Orecchiette gets the surf n' turf treatment with clams and bacon, cut with the zest of Meyer lemon. Teeny tortellini bob in broths of pork or chicken, furnished with sage leaves. And between pasta and rice, orzo bulks out a spring chicken soup!

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